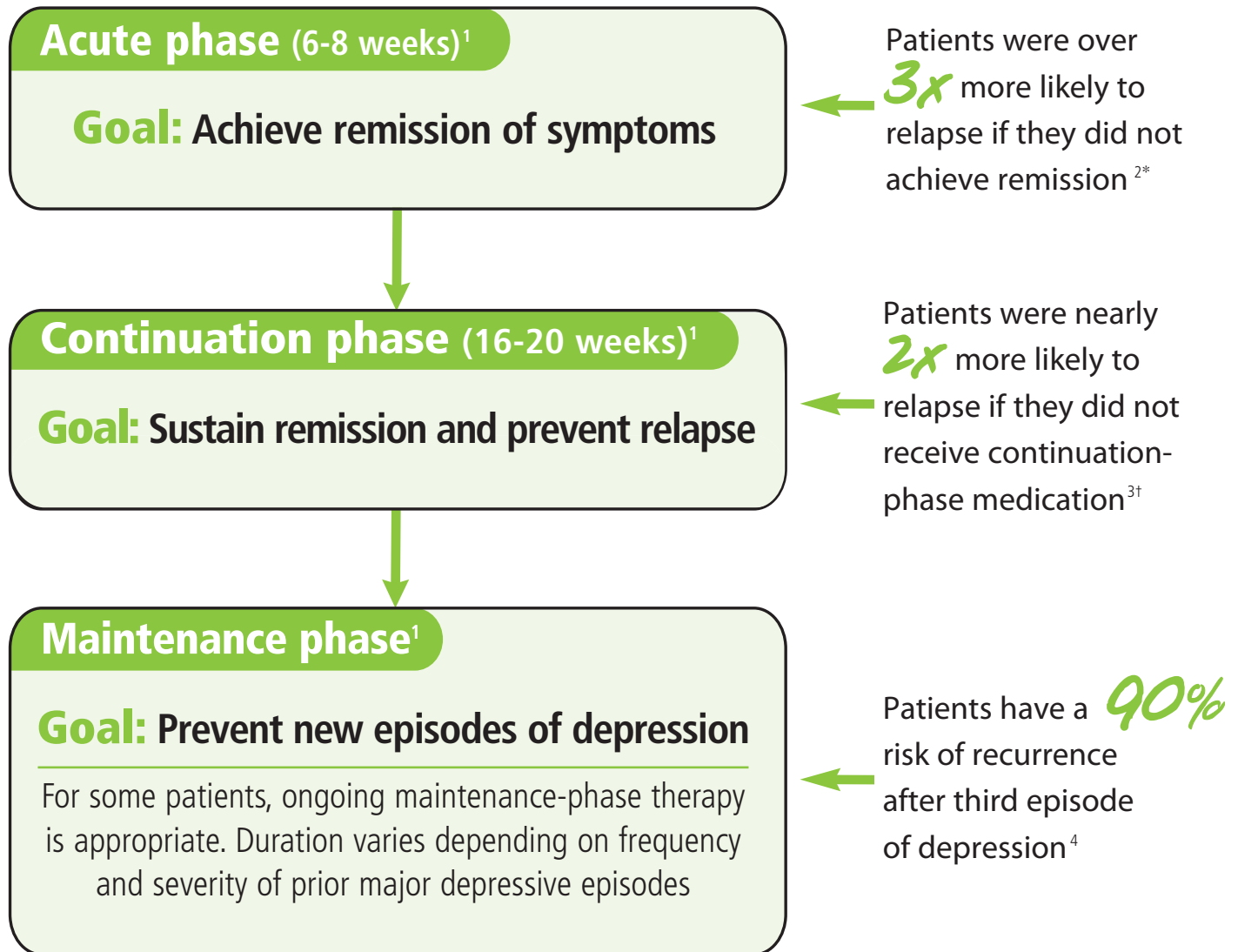


# The American Psychiatric Association (APA) recommends a 3-phase approach to the treatment of depression<sup>1</sup>



\* Over a 15-month period.

† Over a 6-month period.

## References

1. American Psychiatric Association Practice Guidelines for the Treatment of Psychiatric Disorders. Compendium 2006. Washington, DC: American Psychiatric Association; 2006: 771-788
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3. Simon JS, Aguiar LM, Kunz NR, et al. Extended-release venlafaxine in relapse prevention for patients with major depressive disorder. *J Psychiatr Res.* 2004; 38: 249-257
4. *Diagnostic and Statistical Manual of Mental Disorders.* 4th ed. Text rev. Washington, DC: American Psychiatric Association; 2000: 372.